

WEEK 2 | 10/20 + 23

“Deepest Desire”

PSALM 1

Blessed is the man
who walks not in the counsel of the wicked,
nor stands in the way of sinners,
nor sits in the seat of scoffers;
but his delight is in the law of the LORD,
and on his law he meditates day and night.

He is like a tree
planted by streams of water
that yields its fruit in its season,
and its leaf does not wither.
In all that he does, he prospers.
The wicked are not so,
but are like chaff that the wind drives away.

Therefore the wicked will not stand in the judgment,
nor sinners in the congregation of the righteous;
for the LORD knows the way of the righteous,
but the way of the wicked will perish.

Before starting this study, take a moment to sit quietly before the Lord. Open your Bible, clear your mind, and focus your thoughts on him.

Read Psalm 1. Highlight words or phrases that stand out to you. What attracted you to these words and why?

In Psalm 1 we see that we live our lives out of our deepest desires. List and rank some of your deepest desires in life.

Our desires naturally take us deeper into whatever it is we desire. We meditate on what we desire, and we desire what we meditate on. List out the things that you spend most of your time meditating on. What does your list reveal about what you desire?

What are you putting your roots into? Where do you look for security for your present and future?

How is God calling you to go deeper in him this week? How is he calling you to lead others deeper?

TAKE TIME TO PRAY

Take time to be with the Lord and listen to what he is inviting you to.

SCRIPTURE MEMORY

Whoever walks with the wise becomes wise,
but the companion of fools will suffer harm.
- Proverbs 13:20

Opening Question

If you could go anywhere or do anything what would it be?



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Below are the questions for discussion in community group this week. If you can, take some time to think through the questions before community group each week.

Read through Psalm 1 together, sharing anything God is revealing to you through personal study or the sermon.

What's a word or phrase that stood out to you from Psalm 1? Why?

Why does what we meditate on matter?

What are the types of things you meditate on and what does that reveal about your desires?

How could your life look different in a few weeks, or months, if you were to go deeper in rooting yourself in Christ? What fruit could He grow?

PRAY TOGETHER

Take time in prayer to confess to one another the things we meditate on and desire more than Jesus. Pray for one another to seek God as our deepest desire.